

CPC Women's Retreat 2010



How He Loves

April 16-18

cpcwomensretreat.wordpress.com

Welcome! We are delighted you will join us at the CPC Women's Retreat next week. It is our hope that women from varied walks of life will gather for the weekend to worship, study, pray, and rest, while developing stronger ties and deeper friendships with one another. Most importantly, we hope to deepen our relationship with Jesus and our understanding of His love.

Our Women's Retreat this year will be held at *The Oaks*, a camping and conference ministry of World Impact. *The Oaks* is located in a secluded valley at the edge of the Angeles National Forest, 65 miles north of Los Angeles. The elevation of the camp is 3500 feet, which makes temperatures cooler and windier than in the Los Angeles Basin.

Friday Arrivals:

When you arrive on Friday, please come directly to the registration table in Hayford Hall (up the hill from the parking area). Signs will be prominently displayed to direct you there. There you will receive your room assignment, retreat notebook, and a name tag. Registration will begin Friday evening at 5:00 p.m.

Dinner will not be provided by the camp Friday night. However, last year many people brought picnic dinners and were able to dine together.

Our Friday night meeting will begin promptly at 7:30 p.m. Please arrive beforehand, allowing ample time to register and settle into your room.

Saturday Arrivals:

If you're spending the day with us on Saturday, we welcome you! Our Saturday morning meeting will begin promptly at 9:00 a.m. Therefore, we ask that you arrive by 8:45 to allow sufficient time to register before the day's program begins. Look for a registration table set up outside the Hayford Hall meeting room.

Breakfast is served to all guests from 8:00-8:45 a.m. If you're an early riser, you are welcome to join us for breakfast at no extra charge on Saturday.

What to Bring With You:

If you reserved a cabin-dormitory room, *The Oaks* provides one mattress sheet. You will need to bring your own sleeping bag or blankets, a pillow, and towels.

If you chose to stay in the motel-style lodge, full linens will be provided, but they are fairly basic. You may want to bring an extra blanket and your own pillow. Here is a list of other items you may find helpful to bring with you:

Flashlight
Sunscreen
Jacket for the Cool Evenings
Bible
Notebook & Pen(s)
Good Walking Shoes
Money for the Camp Coffee Cart (if you're fond of mochas or lattes!)
Snack Food or Appetizer to Feed 10 or Fewer (see below)

Snacks:

We are requesting that retreat participants bring one snack food or appetizer to share with the group during non-meal times, based on the following categories, organized by last name:

A-G Salty (chips, salsa, popcorn, nuts, cheese & crackers etc.)
H-P Healthy (fresh fruit, dried fruit, cut veggies, dips, hummus, etc.)
Q-Z Sweet (cookies, candy, finger foods, baked goods, etc.)

The list above is meant to inspire you and serve as a guide. However, if you love to bake, please don't let this limit you from bringing whatever your specialty might be. Also, please note that the camp does have refrigeration available for perishable items.

Saturday Adventure and Activities:

Although we have a set of wonderful speakers who will grace us with their message through the weekend, on Saturday afternoon you will be given significant time to do whatever it is you love to do, whether it be exploring, sharing a cup of tea with a friend, crafting, or simply relaxing. We recommend that you be creative and bring items with you to camp expressly for this time— e.g., a good novel, art supplies, knitting, running shoes, a bicycle, etc. It's worth noting that the main meeting rooms of the camp do have Wi-Fi access for those who may want to use it during that time.

If desired, you will also have the opportunity to choose from the following planned activities to be offered on Saturday, with more activities to be announced at the retreat:

Hiking (Easy and intermediate trails)
Zipline (Medical release forms will be required)
Rock & Garden Sign Painting
Scrapbooking or Crafting (Bring your own scrapbooking or tabletop craft supplies)

Self-Guided Devotional

In addition to the above activities, Sarah Hock will be hosting a table with a variety of fair-traded artisanry for purchase. If you are a socially conscious, global shopper, this may be for you.

Sunday Program:

Sunday morning worship will begin at 9:15 a.m. Everyone is encouraged to remain through lunch on Sunday, to enjoy the fellowship of other women and fully reap the benefits of the retreat. Lunch will be provided at the camp directly following our morning worship and before departure.

Directions to *The Oaks*:

Expect the drive to *The Oaks* to take approximately 1½ hours from Ventura. Directions and a detailed map can be found on the internet at <http://www.theoakscamp.org>, or on the CPC Women's Retreat website at <http://cpcwomensretreat.wordpress.com>. If your car is GPS-ready, the address of *The Oaks* facility is: 18651 Pine Canyon Rd., Lake Hughes, CA 93532.

Carpool Arrangements:

For those who may wish to carpool to *The Oaks* with other women from CPC, Tricia Maier is our carpool contact. She can be reached via e-mail at venturamaiers@gmail.com or by phone at (805) 654-1959. When you send or leave your message, please let her know whether you personally are willing to drive, how many your car can fit, and what time you're able to depart Ventura on Friday or Saturday. Please note that with the retreat only 10 days away, all carpools will need to be finalized by Tuesday, April 13th.

If you have any questions regarding your retreat registration or room assignments, please contact Suzie Marshall at 289-9436.

Wishing you God's blessing as you prepare your heart for the retreat,

Your Women's Retreat Planning Team